DO YOUR PART NYC: STAY HOME! VISIT THE ER ONLY IF YOU ARE SEVERELY ILL, OTHERWISE YOU JEOPARDIZE THE LIVES OF OTHERS!

NYC Guidelines have been updated: Text COVID to 692-692 for updates

There is now widespread community transmission of COVID-19 in New York City, meaning the sources of new infections are unknown. Everyone in New York City should act as if they have been exposed to COVID-19. That means monitoring your health closely and staying home from work if you are sick. New Yorkers who are NOT sick should also stay home as much as possible and avoid all unnecessary social interactions.

Red Hook Coronavirus Resources

Effective, Friday April 17th - You MUST cover your mouth and nose when in public and when social distancing cannot be maintained. Remember that wearing a face covering does not mean you can ignore other precautions

NYS PAUSE EXTENDED through May 15th: Schools and nonessential businesses to remain closed.

Canceling May Events
Due to the continued need for people to stay home, all non-essential City permitted events in May and June are cancelled (parades, concerts, rallies, large gatherings) Essential permits NOT affected: Medical Sites, Hygiene Stations, and Food provisions: farmer’s markets and meal delivery.

Medical Care
Coronavirus FAQs:
What is a coronavirus? Coronaviruses are viruses that cause sicknesses like the common cold. In December 2019, a new virus was seen in people in Wuhan City, China, and caused the ongoing outbreak that spread to other countries. The sickness caused by this virus is now called COVID-19.

What are the symptoms and how serious is this virus? The symptoms can include fever, cough, and having trouble breathing. The CDC believes at this time that symptoms of COVID-19 may appear between two and 14 days after exposure. Most people have only mild symptoms, but some can become very sick.

What should I do if I have symptoms? If you think you may have been exposed to COVID-19 and have symptoms, call ahead before going to your doctor’s office or emergency room to tell them about your symptoms and any recent travel. Or you can have a live video visit with one of our doctors through NewYork-Presbyterian’s Virtual Urgent Care service on their smartphone, tablet, or computer. Access Virtual Urgent Care at www.nyp.org/ondemand/urgent-care between 8 am and
midnight, seven days a week. Depending on the severity of your symptoms, the doctor will determine whether or not you need to come in to be evaluated. Avoid contact with others and wear a face mask if you need to leave your home when you are sick.

How do I stay healthy?
- Wash your hands with soap and water for 20 seconds or use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home if you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and immediately wash your hands or use an alcohol-based hand sanitizer.
- If you don’t have a tissue, cough or sneeze into your elbow, rather than into your hands.
- Clean and disinfect frequently touched objects and surfaces, such as cell phones, doorknobs, light switches, countertops, handles, desks, keyboards, faucets, and sinks.

For medical emergencies, call 911.
For testing information call the NYC Department of Health: (888) 364-3065.
The NYC DOH released: Sex and Coronavirus Disease 2019, a comprehensive guide for safe sex during the Coronavirus pandemic.

Local Medical Attention if you feel stable:
- Addabbo Health Center: Open Mon-Fri 9-5pm Pharmacy 9-3pm; Saturday 9-2pm Pharmacy Closed. Call 718-945-7150 - Addabbo telemedicine: https://www.addabbo.org/ (Please note there is NO testing at this site. Testing ONLY occurs at ER’s, if symptomatic AND with permission from DOHMH)
- ProHEALTH Urgent Care Carroll Gardens: 330 Court St., Brooklyn, NY 11231 - Call: 718-280-5362
- Project Street Beat Mobile Health Center: Non-urgent telehealth visits Monday - Friday from 9:00am to 5:00pm. Call 1-855-778-2328
- Use the Center for Disease Control’s Self Checker to check your symptoms

Medical Attention if you’re in respiratory distress have a medical emergency:
Call 911 or go to:
- NYU Langone at Cobble Hill ER: 83 Amity St., Brooklyn, NY 11201
  (Undocumented/uninsured accepted)
- NY Presbyterian Brooklyn Methodist Hospital Hotline: 506 6th St., Brooklyn, NY 11215 - Call 646-697-4000

Update on Testing: Tests will be prioritized for residents 65 and older with preexisting conditions who live in those surrounding communities. To get a test, residents should call 311 for more information and ask for more information on community testing.
Sites opening today:
- Brooklyn: H+H Gotham Health, East New York

Allergies, Asthma, and Covid 19: We are getting into allergy season. If you suffer from allergies or from asthma induced from allergies, monitor your health. Allergies will trigger asthma confusing some asthma symptoms for Coronavirus symptoms. ONLY be concerned IF you have a new cough, that you can’t explain with a good reason. Talk to your healthcare provider through online portals and have antihistamine and inhalers on hand.
**Food Resources**

- Please [CLICK HERE](#) to learn all about the *current Red Hook food resources*!

- **One Week of Free Groceries:** The Department of Probation, Neighborhood Opportunity Network (NeON) Nutrition Kitchens, in partnership with the Food Bank of NYC and the NYC Young Men’s Initiative (YMI) have opened five kitchens -- one in each borough -- to distribute free food, available to any New Yorker who needs it: [https://www1.nyc.gov/site/neon/programs/nutrition-kitchen.page](https://www1.nyc.gov/site/neon/programs/nutrition-kitchen.page)

**NYC Department of Education**

Remote learning continues for grades K-12:

- Remote learning portal [here](#).
- Request a device for a NYC student in your family [here](#).
- Get Learn at Home activities for all grades and see Parent Teacher Conference information.
- Supporting Students with Disabilities and Multilinguial Learners: Family guidance for remote learning on the [DOE website](#).
- **New York State Tests: Cancelled**

The DoE created Regional Enrichment Centers—places where the children of front-line workers can be safely cared for while their parents continue to serve the city in this time of need.

- To enroll, fill out the [NYCDOE Regional Enrichment Center Enrollment Form](#).

**Mental Health**

Please take care of yourself and those around you. In this time of uncertainty, it is normal to feel scared, sad, and confused. If you are experiencing anxiety, depression, or just need some support please call **1-888-NYC-WELL** or Text **WELL** to **65173**. **Red Hook Cares is also here to help**. Red Hook Initiative’s Social Worker, Melanie Berkowitz, shares **5 ways to cope with this new reality**. Staying at home is not safe for everyone.

- Click [HERE](#) for tips on coping with stress during COVID-19
- Click [HERE](#) for tips on helping children cope during an emergency
- **OMH Emotional Support Line: 1-844-863-9314** * The Emotional Support Line provides free and confidential support, helping callers experiencing increased anxiety.
- **Disaster Distress Helpline 1-800-985-5990**, can provide immediate counseling to anyone who is seeking help in coping with the mental or emotional effects caused by developments related to the coronavirus pandemic.

**Employment**

New York State is waiving the seven-day waiting period for unemployment insurance benefits for people who are out of work due to closures or quarantines related to the Coronavirus. More info [here](#). The US Department of Labor has compiled Workplace Safety, Wages, Hours, and Leave, and Uninsurance information relating to Coronavirus [here](#).

- **Job Opportunities at H+H:** NYC Health and Hospitals needs workers to help transport patients, clerical staff and cleaning staff. You can apply today at [http://nyc.gov/coronavirus](http://nyc.gov/coronavirus).
Unemployment Resources
Due to the impact of COVID-19 on New York City's workforce, the City of New York has developed a list of resources for those who may be unemployed due to COVID-19 or are seeking additional assistance: on.nyc.gov/covid-19-services-resources.

- If you are filing an unemployment insurance claim via phone or web, the day you should file is based on the first letter of your last name. File for unemployment insurance claim

Wifi Access and Utility Information
Access FREE local Wifi - click here for Red Hook locations or email redhookwifi@rhicenter.org. View more low cost or free WiFi resources for children at home.

Public Benefits
- Skip the in-person interview and apply for SNAP benefits and cash assistance from HRA using the Access HRA app. More information in Spanish and English available here.

- Online ACCESS HRA Training: In an effort to facilitate greater access to benefits using our online tools, DSS is now offering ACCESS HRA training webinars. These trainings are open to CBOs and elected officials’ offices and will provide information on use of ACCESS HRA for SNAP and Cash applications as well as the ACCESS HRA Provider Portal. The ACCESS HRA Cash Assistance Webinar will simulate a Cash Assistance (CA) application via ACCESS HRA. This webinar is held on Mondays from 3-4pm. You can sign up for an upcoming session by clicking HERE. The ACCESS HRA SNAP Webinar will simulate a SNAP application via ACCESS HRA. This webinar is held on Wednesdays from 3-4pm. You can sign up for an upcoming session by clicking HERE. You can sign up for an ACCESS HRA General Overview Webinar HERE.

Housing
NYCHA UPDATES

- Housing Court
  - Effective Monday, March 16, all eviction proceedings and pending eviction orders shall be suspended statewide until further notice by the New York State Unified Court System.
  - All NYCHA housing court cases at the Red Hook Community Justice Center have been administratively adjourned for 90 days. Tenants will receive a postcard and phone call when a new court date has been scheduled.
  - For any questions regarding unmet NYCHA repairs or housing court, please contact Justice Center staff Ross Joy at 347-216-5738/joyr@nycourts.gov; or Marissa Williams at 646-573-2329/mwilliams3@nycourts.gov.
  - Red Hook NYCHA tenants may file essential applications to Judge Calabrese for landlord lockouts, serious housing code violations, and emergency repair orders by going to 141 Livingston Street. Please call Ross Joy 347-216-5738 for further instructions.

- Access for Repairs
  - Effective Friday, March 20th all NYCHA maintenance and skilled trade work is suspended unless it’s an emergency (this includes no heat and hot water conditions, water leaks, gas leaks, stoppages, electrical issues, other hazardous conditions).
Tenants may continue to open NYCHA repair tickets by calling 718-707-7771 or using the MyNYCHA app.

For all repair work, NYCHA staff will ask if anyone in the household has a fever, cough, or shortness of breath or is confirmed to have COVID-19. Any resident that answers “yes” to this question will be asked to reschedule the visit in 14 days or when everyone is feeling better by calling the Customer Contact Center or visiting MyNYCHA.

For an emergency repair (e.g., gas/water leaks, stoppages, etc.) NYCHA staff will ask the same question. If any resident answers “yes” to this question, s/he will be asked to: (1) Remain in a separate room (where possible) with the door closed until the emergency repair is completed; or (2) Maintain at least a six-foot distance from staff until the emergency repair is completed if a separate room is not available.

- **Rent Hardship**
  - As per NYCHA’s existing rental hardship policy, households experiencing a loss of income may request an Interim Recertification for any decrease in income that will last more than two months by accessing the NYCHA Self-Service Portal at or requesting a paper form from your Property Management office.
  - Households that experience a complete loss of income may qualify for NYCHA’s zero Income policy. If a household reports zero income, they will participate in an interview with a NYCHA Housing Assistant and will complete a Zero Income Questionnaire, which can be held over the phone. Contact your local property management office (Red Hook East 718-852-6771 and Red Hook West 718-522-3880) or the Customer Contact Center at 718-707-7771.
  - There will be no in-person rent collection at the management offices. Rent may be paid via one of the other available methods.

- **NYCHA Administrative Hearing**
  - NYCHA Administrative Hearing Office at 807 Atlantic Avenue is postponing all cases for two weeks, at which time NYCHA will reevaluate the hearing schedule to determine if the postponement should be extended. Call for more information to the NYCHA Administrative Hearing Office at 718-218-1182.

- **Further updates from NYCHA can be found here.**

**Additional Tenants Resources:** Tenants Rights Hotline - 212-979-0611 (ingles y espanol) or more [info](#).

**Public Safety**

- **Criminal Courts**
  - As of March 16th, 2020, the Red Hook Community Justice Center will be temporarily closed in light of the city’s measures to address COVID-19. The New York State Courts postponed all non-essential court functions until further notice. All criminal court court cases will be administratively adjourned for 90 days and anyone with an upcoming court date will receive a letter with their new court date in the mail.
  - If you have questions about a criminal court case, please call 646-386-4900. If you have questions about a housing court case, please call the Clerk’s Office at 718-923-8270.
  - Other important phone numbers:
    - Defense Attorneys:
      - Legal Aid Society: 718-237-2000
Brooklyn Defender Services: 917-426-5616
District Attorney’s Office: 718-250-2001 or 718-250-4782
Red Hook Community Justice Center Community Service/Social Services: 347-813-0318 or 917-860-7494

- Effective March 18th, Brooklyn DA Eric Gonzalez announced his office would immediately decline to prosecute low-level offenses that don’t jeopardize public safety. In addition, his office will consider releasing clients in pre-trial detention who are vulnerable to infection.

**Volunteer and Mutual Aid Information**

Local Responses: *Mutual Aid organizations facilitate exchange of resources and services for mutual benefit.*

**Corona Couriers:** A collective of cyclists willing to courier supplies to people in need for free, using low contact methods. Email coronacourier@protonmail.com

**Invisible Hands Delivery:** Grocery and supply delivery; delivery is free. Website, Tweet and Hills. Volunteer to support home-bound seniors - Google Form, Tweet, Website

**NYC Mutual Aid Network:** Google document and Formalized Volunteer Webform
- Donate blood - make an appointment
- NYC HELP NOW - Healthcare Provider Surge Staffing signup form
- New York Cares Volunteer Form

**Mutual Aid Organizing in the South Brooklyn community**

COVID-19 Neighborhood Volunteers - [Google Spreadsheet](#)
- [Click here](#) for guidance on volunteer safety from Help Now NYC.